



# **4.1 & 4.2** Annual Community Report for Screening and Prevention Program at Mon Health Medical Center

# **Community and Corporate Annual Report**

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### 4.1 Prevention for 2017:

The Cancer Center of Mon Health conducted 2 brief quizzes during the annual Health Fair February 24 and 25, 2017, at the Morgantown Mall.

## HPV questionnaire: 4.1 Prevention

- 175 participants answered 3 questions concerning HPV disease and vaccination guidelines (see pages 4 and 5)
- Participants ranged from high school students to parents and grandparents.
- Participants completed the survey and answers were reviewed by Mon Health personnel who initiated discussion and provided feedback on each topic/question.
- Educational pamphlets were provided to take home.

### **Finding/ Recommendations:**

- 115 or 65% of the respondents answered one or more of the 3 questions incorrectly
- Adults were more familiar with the disease and benefits of the vaccine than adolescents.
  Thus, the committee identified a key opportunity for improvement for our community is
  expanding adolescent awareness of HPV and the importance of prevention via the HPV
  vaccine.

### Sun Safety IQ 4.1 Prevention

- This questionnaire was based off of the ACS educational tool.
- 100 participants answered 5 questions concerning sun safety.
- Participants ranged in age from teenagers to older adults.
- Participants filled out the surveys, which were graded on the spot.
- Education was provided for missed answers
- Those answering the questionnaire correctly were asked if they practiced in this way.

# The following were our results of the 100 questionnaires completed:

- 66% answered correctly
  - o 36% of the above stated they did not practice this routinely.
- 44% answered one or more questions incorrectly and were provided the correct information and rationale.

**Recommendations:** While over 60 % were aware of sun safety prevention measures, over a third of the participants did not practice in accordance with the guidelines. The team will plan to increase community sun safety activities in the month of May in an effort to increase education and awareness prior to the summer months.

### Attachment 1: Questionnaires used for HPV and Sun Safety Awareness

# 4.2 Community Screening Program Results for 2017

#### COMMUNITY AND CORPORATE HEALTHFAIR/FLU/PNEUMONIA RESULTS - 2017

Health Fair Testing	# participants	MP	PSA	TSH	A1-C	Vit D	
TOTALS	4077	3718	1153	1547	553	506	
	Flu	Pneum	EKGs	Ultra-	Achilles	Pulmon	ECHO
Health Fair Testing	Shot	Shot		sounds	Bone	PFT	
TOTALS	203	10	742	731	335	160	110
	# Flu	# Pneum	1				
Flu/Pneum Shot provided		Shot					
Flu/Prieum Shot provided	31101	Shot					
Community Total	821	13					
Mon County School	441	11					
GRAND TOTALS	1465	34					

**Table 1: Testing Conducted YTD at outreach sites** 

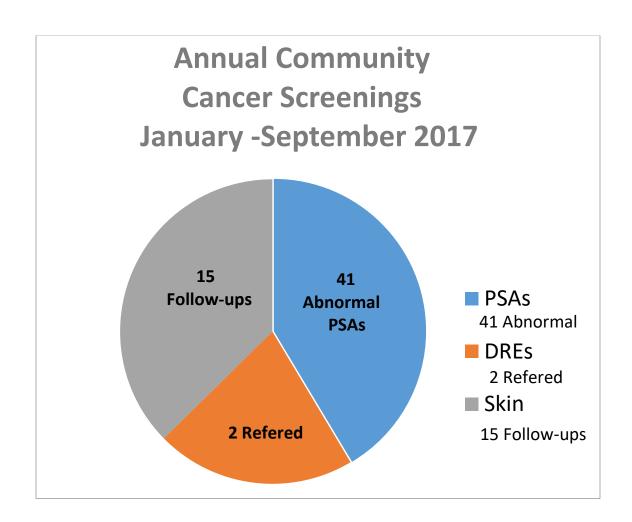
As seen in the above table, community and corporate outreach is a major endeavor of Mon Health Medical Center (MHMC). During the year over 32 community activities were conducted

with 2 activities being large Health Fairs. Screenings were offered to both corporate and social clubs in our service areas with over 4,000 people participating in these screenings.

Additionally this fall MHMC launched its annual Fight the Flu Campaign providing both the Flu and Pneumonia shots to approximately 1500 participants.

Follow up for all lab work is offered and completed with either a PCP or the participant. Participants are asked for their PCP's information so that data can be forwarded for review and follow up as needed. Pathology calls all critical values to PCP's as identified or to the individuals if no PCP is indicated. MHMC also offers assistance to participants without PCP's in finding a PCP with in their service area.

MHMC has taken additional steps to support our participant receiving PSA's, skin screening and the FIT Chemical Testing with positive results. Assistance in making referrals is offered to expedite follow up. Below is the actual follow up that was completed on positive respondents YTD. Pathology, Dermatology, General Surgery and Urology have supported the centers screening efforts resulting in follow ups as seen in the graph below.



## Table 2: Follow-ups made from screening YTD

To accomplish these results our Community outreach coordinator has pulled together a multidisciplinary team to facilitate testing, analysis and follow up. This team includes many members of the Mon Health Team including physicians, clinicians, and support staff.

Health fair is an example where the Ambulatory Care Offices as well as hospital departments both clinical and support staff combine efforts to provide education and testing pertinent to our service areas healthcare needs.

It will be suggested that we focus on two key areas for prevention and screening for 2018. It has been suggested for 2018 we will look at additional HPV education for school age children and focus on 2 skin cancer screening clinics for next year as the May clinic filled up quickly and there were many requests for this screening.

#### **Attachments:**

#### **HPV Questionnaire**

- 1. The CDC recommends 11 to 12 year old BOYS and GIRLS receive the vaccinations against HPV **TRUE**
- 2. HPV is so common, nearly half of all sexually active MEN and WOMEN will get it at some point in their lives.
  - FALSE: Nearly ALL sexually active MEN and WOMEN will get HPV at some point in their lives\*\*.
- 3. The HPV vaccine series can now be completed in as little as two doses. TRUE: If started before the age of 15, the CDC now recommends two doses. After age 15, it is still 3.

#### Sun Health Questionnaire:



- 1. If I'm wearing sunscreen, I can stay in the sun as long as I want.
  - a. True
  - b. False
- 2. How often do you need to reapply water-resistant sunscreen?
  - a. Every 2 hours or sooner
  - b. After sweating or swimming

- c. After I towel dry
- d. All of the above
- 3. Getting a "base tan" at an indoor tanning salon is a good way to prevent sunburn when I go to the beach later this summer?
  - a. True
  - b. False
- 4. I can't get skin cancer, because my normal routine (such as drive to work, hobbies, and vacations) doesn't include a lot of time outdoors.
  - a. True
  - b. False
- 5. What re some of the most common (and painful!) sunscreen mistakes?
  - a. Choosing a SPF below 30
  - b. Using too little
  - c. Waiting too long to reapply
  - d. All of the above

